

|| shrImad bhagavadgItA ||
|| atha panjchadashO-dhyAya: (puruShOttamayOga:) ||

shrI bhagavAn uvAcha

UrdhvamUlam adha:shAkham ashvattham prAhuravyayam ChandAmsi yasya parNAni yastam vEda sa vEdavit	1
adhashchOrdhvam prasrutAstasya shAkha guNapravruddhA viShayapravAIa: adhashcha mUIAnyanusantatAni karmAnubandhIni manuShyalOkE	2
na rUpamasyEha tathOpalabhyatE nAntO na chAdirna cha sampratiShThA ashvatthamEnam suvirUDhamUlam asanggashastrENa druDhEna ChittvA	3
tata: padam tatparimArgitavyam yasmin gatA na nivartanti bhUya: tamEva chAdyam puruSham prapadyE yata: pravrutti: prasrutA purANI	4
nirmAnamOhA jitasamgadOSha adhyAtmanityA vinivruttakAmA: dvandvairvimuktA: sukha du:kha samGYai: gachChantyamUDhA: padamavyayam tat	5
na tad bhAsayatE sUryO na shashAmkO na pAvaka: yad gatvA na nivartantE taddhAma paramam mama	6
mamaivAmshO jIvalOkE jIvabhUta: sanAtana: mana:ShaShThAnIndriyANi prakrutisthAni karShati	7
sharIram yadavApnOti yachchApyutkrAmatIshvara: gruhitvaitAni samyAti vAyurgandhAnivAshayAt	8
shrOtram chakShu: sparshanam cha rasanam ghrANamEva cha adhiShThAya manashchAyam viShayAnupasEvatE	9
utkrAmantam sthitam vApi bhunjjAnam vA guNAnvitam vimUDhA nAnupashyanti pashyanti GYAnachakShuSha:	10
yatantO yOginashchainam pashyantyAtmanyavasthitam yatantO-pyakrutAtmAnO nainam pashyantyachEtasa:	11

yadAdityagatam tEjO jagad bhAsayatE-khilaM yachchandramasi yachchAgnau tattEjO viddhi mAmakam	12
gAmAvishya cha bhUtAni dhArayAmyahamOjasA puShNAmi chauShadhI: sarvA: sOmO bhUtvA rasAtmaka:	13
aham vaishvAnarO bhUtvA prANinAm dEhamAshrita: prANApAnasamAyukta: pachAmyannam chaturvidham	14
sarvasya chAham hrudi sanniviShTO matta: smrutirGYAnam apOhanam cha vEdaishcha sarvairahamEva vEdyO vEdAntakrud vEdavidEva chAham	15
dvAvimau puruShau lOkE kSharashchAkShara Eva cha kShara: sarvANi bhUtAni kUTasthO-kShara uchyatE	16
uttama: puruShastvanya: paramAtmEtyudAhruta: yO lOkatrayamAvishya bibhartyavyaya Ishvara:	17
yasmAtkSharamatItO-hamakSharAdapi chOttama: atO-smi lOkE vEdE cha prathita: puruShOttama:	18
yO mAmEvamasammUDhO jAnAti puruShOttamam sa sarvavid bhajati mAm sarvabhAvEna bhArata	19
iti guhyatamam shAstramidamuktam mayAnagha Etad buddhvA buddhimAn syAtkrutakrutyashcha bhArata	20

**Om tatsaditi shrImad bhagavadgItAsu upaniShatsu
brahmavidyAyAm yOgashAstrE shrIkruShNArjuna samvAdE
puruShOttamayOgO nAma panjchadashO-dhyAya: ||**